

You're The One Newsletter

PEACE IN THE VALLEY Issue 14 Vol 8 August 2019

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What's New With Karen

Welcome to August 2019! In the early evening of July 22 my beautiful Step-Mother, Marianne (Mariette) passed away peacefully in hospital in Brisbane with her loved ones around. Marianne has been my Father's wife for 40 years, and they spent their last years travelling around Australia in their Motor-home. They were together 24/7. They did everything together; the washing, the shopping, and living in close proximity 365 days per year. Simply said, they were so happy. I loved Marianne and especially over the last 5 years we became very close as I was with her and Dad on her journey of ill health, where we often were in hospital visiting as she went through Emphysema, Lung Collapses, Valve Surgery, Numerous Operations, A Lung Transplant, and finally after catching Influenza her last days came upon us without warning. I dedicate this newsletter to the beautiful Marianne, whom to me, was always encouraging, kind, wise, and never-interfering, but all-seeing. The perfect qualities in a step-Mum. She wanted all to be happy. She was kind, caring and loving and her smile lit up a room. This newsletter is dedicated to peace, and the peacemakers of the world. Rest in Peace Beautiful Marianne. There will always be a special place in my heart for you forever. Love Karen XXX (Marianne's Memorial Celebration of Her Life will be held on 9 August 2019 in Melbourne. I dedicate this newsletter to Marianne and her beautiful soul now free of suffering and in peace. Love You Marianne).

Mojo Tip: THOMAS A. DORSEY: PEACE FOR MANKIND!



Thomas A. Dorsey (1899-1993) Considered to be the Father of Black Gospel Music & Mahalia Jackson - Considered to be the Queen of Gospel Music.

The 8th step on your mystical Mojo Mindset for 2019 is to find peace and live in peace. People with Mojo are peacemakers on this earth. I dedicate this segment to Thomas Dorsey, the songwriter of this beautiful song 'Peace in the Valley' - a man who questioned 'what is

wrong with mankind?' 'why can't they live in Peace' and wrote his beautiful gospel song 'Peace in the Valley' in the late 30's during the days of wartorn Europe. To learn more about Thomas A. Dorsey, I have taken a direct excerpt from a Music Historian, Lindsay Terry's Article below:

Story Behind the Song: 'Peace In the Valley'

'One of my prized possessions as a song historian is a 1977 recorded interview with Thomas A. Dorsey. I learned that in 1899, Dorsey was born into the home of a black minister in Villa Rica, Georgia, a small town only 38 miles from Atlanta. His mother, a music teacher, taught him to play the piano as a child. As he grew into his teens, he was drawn into the world of jazz music. At age 17, he moved to Gary, Indiana, pursuing a nightclub career. Two years later, Georgia Tom, as he was known in his music world, could be found performing in the establishments on the southside of neighboring Chicago. He was torn between the blues music and his Christian training. The stress was so intense he suffered a nervous breakdown and was recuperating for two years. During that time, he had become a member of the Pilgrim Baptist Church in Chicago and began to play a major role in directing the music of the church. He wrote hundreds of songs, some of which were recorded by such notables as Red Foley, Connie Francis, Aretha Franklin, B.B. King, Jim Reeves, Roy Rogers and Tennessee Ernie Ford. Dorsey said of writing "Peace in the Valley," "It was just before Hitler sent his war chariots into Western Europe in the late 1930s. I was on a train going through southern Indiana and saw horses, cows and sheep all grazing together in this little valley. Everything seemed so peaceful. It made me question, "What's the matter with mankind? Why can't men live in peace?" Out of those thoughts came "Peace in the Valley." He later said he wrote the song for the famed Mahalia Jackson, known as the queen of gospel. It has become extremely popular in America and far beyond our borders. I will never forget hearing a young, barefoot black man strolling down a dusty road on Andros Island, an out-of-the-way part of the Bahamas, singing Dorsey's "Peace in the Valley." President Lyndon B. Johnson, before his death, requested that it be sung at this funeral. Anita Bryant was chosen to fulfill that request.

"Oh well, I'm tired and so weary

But I must go alone

Till the lord comes and calls, calls me away, oh yes

Well the morning's so bright

And the lamp is alight

And the night, night is as black as the sea, oh yes

There will be peace in the valley for me, someday

There will be peace in the valley for me, oh Lord I pray

There'll be no sadness, no sorrow

No trouble, trouble I see

There will be peace in the valley for me, for me"

Through phone contacts with his wife, Katherine, I kept tabs on Thomas Dorsey during the last months of his life. He died in Chicago on Jan. 23, 1993.'

"But now in Christ Jesus ye who sometimes
were far off are made nigh by the blood of Christ.
For he is our peace..." - Ephesians 2:13-14

May we all remember that horses, cows & sheep can all graze together,
so can mankind. With a simple vow - we too can create peace in the
valley of life. Love Karen XXX

Life Coach Tool: Lyrics: Peace in the Valley



Peace in the Valley

THERE WILL BE PEACE IN THE VALLEY FOR ME

(Lyrics: Thomas Dorsey, Vocals: Elvis Presley)

Oh well, I'm tired and so weary
But I must go alone
Till the lord comes and calls, calls me away, oh yes
Well the morning's so bright
And the lamp is alight
And the night, night is as black as the sea, oh yes

There will be peace in the valley for me, some day
There will be peace in the valley for me, oh Lord I pray
There'll be no sadness, no sorrow
No trouble, trouble I see
There will be peace in the valley for me, for me

Well the bear will be gentle
And the wolves will be tame
And the lion shall lay down by the lamb, oh yes
And the beasts from the wild
Shall be lit by a child
And I'll be changed, changed from this creature that I am, oh yes

There will be peace in the valley for me, some day
There will be peace in the valley for me, oh Lord I pray
There'll be no sadness, no sorrow
No trouble, trouble I see
There will be peace in the valley for me, for me

Dedicated to my Dearly Departed Step Mum, Marianne (Mariette) who passed away peacefully at 1740 on 220719 peacefully in hospital surrounded by the love of Rose & Linda (her 2 daughters) & Dad (Marianne's husband) as Marianne's favourite Elvis' Gospel song was played in the background).

Be Inspired Article: 10 Questions with Mariette Vella!



(Replica of My Issue 10/Vol 7 July 2015: Interview with my beautiful Step Mother, Mariette Vella) - RIP Beautiful Marianne - deeply loved but never forgotten.

Who is the real Mariette?

I arrived in Australia, aged 12, with my family from Holland and were sent to Bonagilla (a place where migrants were sent when they first arrived). Later on we bought a house in Ardeer. I lost my Mother within 2 years of arrival from Holland. I was then locked up for 3 years shortly after, due to being exposed to moral danger. I married at 18, and had 3 children. My first husband passed away when I was 29. I have since met a handsome man, have one child and living happily thereafter.

Which five words best describes you?

Caring. Loyal. Straight-Forward. Generous. Stubborn.

What was your first job and what path have you taken since then?

Delivering milk and had 4 children.

What's your proudest achievement?

Surviving my childhood.

What has been your best decision?

Marrying my honey.

Who inspires you?

My husband.

What are you passionate about?

Travelling around Australia.

What's the best lesson you've learnt?

Finding out who cares about you when you are sick.

Which person living or dead would you most like to meet?

My Mother.

What dream do you still want to fulfil?

Continuing travelling with my husband.

What are you reading?

"Life's True Stories", Magazines.

Daily Hint: Daily Reminder To Bring Peace to Your World:

Thank you! Your Daily Hint this month is to dedicate your daily meditations to being at peace in yourself, and with others each day. Pray for those who are not at peace and make a decision to create a peaceful energy/aura around you wherever you go, despite any outside circumstances.

I am so looking forward to more of your feedback, suggestions, or what you would like to see in this newsletter! In this newsletter, I dedicate to my dearly departed, Step-Mum, Marianne (Mariette). About 4 years ago almost to the day, in July 2015, I interviewed Marianne for my Newsletter. I have decided to replay that interview. For those of you who either never met, or those who did meet but never got to know her on a deeper level, you can see from her answers, she lived with a heart of Love. I treasure her and her memory, and truly loved her. May you too, be inspired by her beautiful spirit.

Love Karen xxx

'If it is possible, as far as it depends on you, live at peace with everyone.'

-Romans 12:18-

Yours sincerely,

karen vella

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IN LOVING MEMORY OF MARIETTE VELLA

Rest in Peace Beautiful Marianne.



Always Loved. Never Forgotten.

Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 31 August 2019

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