

# You're The One Newsletter

WELL DONE AUSTRALIA!

Issue 15 Vol 10 October 2020

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## Karen Recommends



COMING SOON TO THIS SPACE!

2020 - Mojo Classes  
2020 - Best Year Workshops  
2020 - Webinars  
2020 - New Products  
2020 - 1 on 1 Life Coaching  
And more....

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## What's New With Karen

Welcome to October 2020! Well Done Australia! Congratulations to each one of you (& as a collective) who has contributed with some form of sacrifice in doing our absolute best to overcome the C19 Pandemic this year. Hopefully we will all have a happy Christmas up ahead to look forward to with our loved ones. So, what have we learned during the Pandemic? If there is one thing we have learned as a collective, it is that we are all in this together - to an extent - *every person has/is suffering in some way*. A positive lesson we can take out of this when our world returns to normal is a society where there is a reawakening. Where peace, compassion and solidarity come first; where every person is treated with dignity, respect and valued. Let's just remember that in life 'we are all in this together' and that just like the old song says, 'people who need people are the luckiest people in the world.' May that be a reawakening for our planet. Let's move forward with faith that our World will be a better place for our future. Love Karen XXX *Note: As we pay our respects to those who sadly have lost lives during the Pandemic, may this be a wake up to each of us. A reminder, when we too, reach the end of our lives, our focus will become laser-like as we contemplate only what truly matters, ultimately people, and those we love.*

**DIGNITY. RESPECT. PEACE. COMPASSION. SOLIDARITY.**

*"We do not need guns and bombs to bring peace, we need love and compassion."*

*-Mother Teresa-*

Yours sincerely,

*karen vella*

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**A REMINDER - YOU MATTER TO THE WORLD!**

*Love Karen at YTO Life Coaching*



WE OURSELVES FEEL THAT WHAT WE ARE DOING IS  
JUST A DROP IN THE OCEAN. BUT THE OCEAN  
WOULD BE LESS BECAUSE OF THAT MISSING DROP.  
MOTHER THERESA

*Inspiration From Mother Teresa*

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*Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.*

**Offer Expires: 31 October 2020**

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