

You're The One Newsletter

HAPPY TIMES AHEAD!

Issue 15 Vol 11 November 2020

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COMING SOON TO THIS SPACE!

2020 - Mojo Classes
2020 - Best Year Workshops
2020 - Webinars
2020 - New Products
2020 - 1 on 1 Life Coaching
And more....

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What's New With Karen

Welcome to November 2020! Aaah! Here in Melbourne, the air is almost palpable with a vibrant buzz (after Victorians emerge from some of the World's strictest lockdown measures due to the C19 pandemic). As our journeys move towards a 'C19 normal' world - its a wonderful opportunity for us all to give each other 'virtual pats on the backs or high fives' or 'smiles with our eyes above our masks' as a sign of unity for what we have all been through & the sacrifices we have made together! Now, on our journey, as we emerge out of our valley of darkness & shadows into the light, may our steps be lighter, and full of hope and optimism for our future goals and dreams ahead. Yes! Summer is around the corner! Yes! Christmas is upon our doorstep soon. Yes! We've reached the fork on life's road that says 'Happy Times Ahead'. Be happy! We are a much more resilient nation of people! We've endured, we've strengthened, we've faced our fears, we've carried on regardless and we have emerged stronger out of the darkness into the light. The good news is 'Happy Days are Here Again'. May you walk lightly into your future with more joy de vivre, vitality, optimism, and hope and kindness towards our fellow man. What a Wonderful World It Can Be! Love Karen XXX

BE LED. TRUST. IN LIFE'S PEAKS & VALLEYS.

"Good times are a reminder and a reward for dealing with the difficult & challenging times we all go through. The trick is to celebrate the good times in advance of the difficult times. Always remember, good times await you after the difficult times pass."

- James A Murphy-

Yours sincerely,

karen vella

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A REMINDER ABOUT THE KEY TO HAPPINESS

Love Karen at YTO Life Coaching



Inspiration From Mother Teresa

karen@yto.com.au

Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 30 November 2020

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