

You're The One Newsletter

OUR SILENT HEROES! Issue 16 Vol 7 July 2021

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What's New With Karen

Welcome to July. Every Friday evening on ABC Radio, people ring in and share 'Whom They Have Fallen In Love With' (metaphorically-speaking) during their week. People nominate someone, it can be anyone, who really has made their week. It can be the local barista, the neighbourhood baker, anyone in our communities, including family, friends, or strangers. I love to hear beautiful tales of whom (often unknowingly) has made someone else happy! Often it is for small reasons, like getting their best coffee, or bread - nothing is off limit- but these people make a difference & have increased someone else's happiness quotient. So, this question got me thinking 'Whom Have I Fallen In Love With?' There is one special person whom I want to share with you; she is my Cousin, Jo. She is there for me in so many ways (& particularly since I lost Mum just over 12 months ago). Jo is the sort of person who you can rely on to be your support should you need it. She has cooked me soup (and her famous cauliflower cheese), she has allowed me to work from her home study temporarily when I don't have internet access, & she is emotionally available for me. We have become so close and I feel blessed. She lives only 5 minutes away from me, and I simply have to say she is my Silent Hero whom I deeply admire in all ways. She is a wonderful wife, married to a loving husband, Anthony, and has 2 beautiful young adult children and they are not only my family but my support. I'm so happy to shout out to the world my special and darling Cousin, Jo as the person 'Whom I Have Fallen In Love With?'. Thankyou beautiful Jo - you are my Silent Hero. I hope this Newsletter inspires you also to pay it forward, share the love and joy, and tell someone in your life why they mean so much and are your Silent Hero. Love Karen XXX

PS Jo, I know you read these Newsletters and I hope you know how much I adore you ! Thankyou Jo - you are an angel! Note: A special Tribute too - On 22nd July, it is the 2nd Anniversary of the Passing of my Dear Step Mum, Mariette, and we will be holding a service in honour at on the Gold Coast. RIP beautiful Marianne.

HUMILITY. SILENCE. LOVE. EXALTATION.

"He never looks for praises. He never looks to boast. He simply goes on quietly working for those he loves the most."

- Karen K Boyer -

Yours sincerely,

karen vella

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MOTHER TERESA QUOTE
Love Karen at YTO Life Coaching



Love is a Fruit in Season at All Times
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Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 31 July 2021

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