

# You're The One Newsletter

UNITED WE STAND! Issue 16 Vol 10 October 2021

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### Karen Recommends



### COMING SOON TO THIS SPACE!

2021 - Mojo Classes  
2021 - Best Year Workshops  
2021 - Webinars  
2021 - New Products  
2021 - 1 on 1 Life Coaching  
And more....

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## What's New With Karen

Welcome to October. Last Saturday night (whilst still in Lockdown in Melbourne), many of us across Australia were glued to our television sets to witness the AFL Grand Final Match of the Bulldogs versus the Demons at the beautiful Perth stadium. Although not an AFL follower, I like to watch the Iconic Grand Final for its majesty and occasion. It was an exhilarating & exciting match, and, despite witnessing the team I was barracking for, the Western Bulldogs, losing, I was equally happy to celebrate the Premiership going to the Melbourne Demons and their fans after a long drought since 1963. My favourite part of the game, however, is at the beginning before the ball bounces when each team stands shoulder to shoulder with their team-mates facing the opposing side listening intently to the operatic sounds of our Australian National Anthem, Advance Australia Fair, being sung beautifully. This moment brings a tear to my eye always and stirs deep emotions. I pondered on the reason why later. The answer, I believe, lies in the power of *Unity* and how this simple game can bring so many people from such diverse walks of life in Australia together. There is an old song "United We Stand, Divided We Fall," and I am a great believer in this sentiment. Whether that be in our sporting teams, workplaces, families, friends, communities, states, countries, or on a world scale, *Unity* truly connects us all. My invitation to each of us, *especially during these times of much divisiveness on a global scale*, is that we make a difference as we, too, recognize & adopt the power of *Unity*. May we all simply find any thread we may have to our fellow man to join in connection and *Unity* in any way to make this world one where there is more peace, harmony, and understanding. United We Stand! Love Karen XXX

**HUMILITY. UNITY. PEACE.**

"We must learn to live together as brothers or perish together as fools."  
- Martin Luther King Jnr -

Yours sincerely,

**karen vella**

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**MOTHER TERESA QUOTE**  
**Love Karen at YTO Life Coaching**



*Only Humility Will Lead Us To Unity*  
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***Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.***

**Offer Expires: 31 October 2021**

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