

You're The One Newsletter

CELEBRATE YOUR MILESTONES! Issue 2 Vol 13 February 2022

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Karen Recommends



COMING SOON TO THIS SPACE!

2022 - Mojo Classes
2022 - Best Year Workshops
2022 - Webinars
2022 - New Products
2022 - 1 on 1 Life Coaching
And more....

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What's New With Karen

Welcome to February. On January 26 (Australia Day) I celebrated a special milestone Birthday. Leading up to the date I was pondering perhaps just slipping quietly under the radar and not doing anything significant to celebrate. However, with the promptings of two of my most valued loved ones, it was suggested if I did not mark the occasion, I may regret it later. With that said, my mind was made up! So, I immediately set about deciding on the setting, the venue, and the invitation list. I knew I wanted classical white tablecloths, tea light candles, fresh green flowers, simplicity, elegance, an appealing fresh menu, in a beautiful natural setting. The date was set - the invites went out. Of course, I knew many of my loved ones and friends interstate would not be able to be there which was totally understandable. The day went magically, and I could not have been happier. It was the best birthday I had experienced in many years, and I felt so blessed, and loved and celebrated by such an intimate group of people I loved. So, my invitation to you, is to think ahead this year to marking the milestones in your life. Remember your milestones are opportunities for reflection, for goal setting, and to say thank you to your support group/loved ones. Your milestones do not have to be big ones, it is just as important to mark off the smaller ones along your journey as you value and appreciate your life. Wishing you a year of Magical Milestones! Love Karen XXX

GOOD CHEER. CELEBRATE. JOURNEY. MILESTONES.

"Youth Has No Age."

- Pablo Picasso -

Yours sincerely,

karen vella

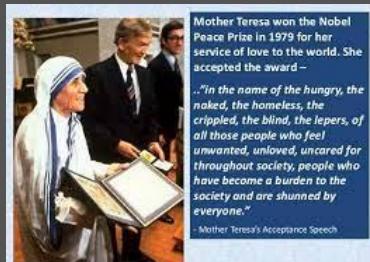
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MOTHER TERESA MILESTONE Love Karen at YTO Life Coaching



In 1979 Mother Teresa Wins the Nobel Peace Prize

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***Please pass on to all your friends, colleagues, family and loved ones! Love
Karen - YTO Life Coaching.***

Offer Expires: 28 February 2022

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