

You're The One Newsletter

THE SEASONS OF LIFE! Issue 6 Vol 14 June 2022

In This Issue What's New With Karen Mojo Tip

Karen Recommends



COMING SOON TO THIS SPACE!

2022 - Mojo Classes
2022 - Best Year Workshops
2022 - Webinars
2022 - New Products
2022 - 1 on 1 Life Coaching
And more....

Quick Links...

[Our Website](#)
[Products](#)
[Services](#)
[More About Us](#)

What's New With Karen

Welcome to June. It's the start of our changing of our seasons as we transition out of Autumn into the start of our Winter hibernation. However, it is not the seasons of weather I'd like to devote this Newsletter to, rather the seasons of life. I am only too aware and feel very blessed at present to be in a good season in my life. There have been other seasons when I was not - some of these seasons were short-lived, others went on for years. So, I am grateful, and humbled and feel blessed right now to be feeling at peace in my own world. However, I am even more aware that whilst I may be in a peaceful season, there are many close to me who are suffering and whom I am always thinking of and praying for as they are in a challenging season. I am sure you also know someone who is going through hardship at present. This Newsletter is to inspire us all for the month of June to do something kind for others who are doing it tough - this can be strangers or friends. One of my weekend activities that give me so much pleasure is to focus on someone I know who is going through a difficult season, and endeavour to reach out with some comfort for them. This could be in the form of a visit, dropping off a card, or gift, a phone call or text of encouragement - just to show the person they are cared about. It was only today that I walked past a young man in the cold begging for money for lodging for the night - and I popped a small amount in his 'hat' that he had in front of him. He looked up with the most beautiful blue eyes and thanked me. I walked on feeling glad I had done something for a stranger. How could I not, when I am blessed enough to have food on my table, a warm home, a wonderful job with beautiful colleagues, a loving family and friends, and my health. I am only too aware that life can change very quickly for any of us. So my message for this month, is to think of others, and to not only think, but show you care for them - whether they be strangers, colleagues, loved ones. Who knows what a difference your random act of kindness can have on their lives and their souls and also on how good it will make you feel inside. Love Karen XXX

**LET GO OF SELF FOCUS. SERVE OTHERS. BLESS. BE
BLESSED.**

"Everybody can be great because everybody can serve."
- Martin Luther King (Jnr) -

Yours sincerely,

karen vella

yto owner & founder, performance consultant & life coach (cert iv)

yto nlp practitioner (nlp, Time@Line Therapy, Hypnosis, Coaching

M:0419570011 |

E: karen@youretheone.com.au | W:wouretheone.com.au

MOTHER TERESA QUOTE
Love Karen at YTO Life Coaching



It Is Not What We Do But How Much Love We Put Into The Doing
karen@youretheone.com.au

Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 30 Jun 2022

Copyright © You're The One

Disclaimer: The ideas, thoughts, concepts and models (Information) that have been detailed above are those of the person sending you this communication and do not take into consideration your business finances, risk profile, legal and specific needs for your business. You should always seek sound financial and legal advice if you are unsure whether to act upon the Information provided. You agree to assume the entire risk as to your use of this Information. You agree to hold You're The One, its directors, shareholders, employees, agents, representatives and affiliates harmless in any claim or event.

IMPORTANT NOTE: You have received this email because you have subscribed to a past newsletter, readers resources or other communication. If you no longer wish to receive this message, please unsubscribe or change your preferences. (see the links at the bottom of the page). Please don't use the junk mail filter on your mail service as it prevents other subscribers on your USP from receiving their mages - thank you!