

You're The One Newsletter

A MAGICAL LIFE! Issue 4 Vol 15 April 2023

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Karen Recommends



COMING SOON TO THIS SPACE!

2023 - Mojo Classes
2023 - Best Year Workshops
2023 - Webinars
2023 - New Products
2023 - 1 on 1 Life Coaching
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What's New With Karen

Welcome to April! With the Easter Holy Season (and holidays) around the corner, many of us will join with loved ones to celebrate a renewal of hope, joy and peace in our lives again! It's a perfect time to believe again that life can be beautiful (especially if you have been through some challenging times of late). On that note, this month, I'm excited to invite you on a journey to create a Magical life! I do believe, whatever cards we are dealt with in life, that we can create a beautiful life for ourselves, and let that overflow out on to others in our worlds. It's a time to trust in the process of life, let go of our grasp of anything we are clinging to, and surrender our control. It's a time to let go of all that has not been serving you. It's a time of allowing in the new that is for your highest good. It's a time for being grateful and thankful for all you have in your life and the people you are blessed with. It's a time to ground yourself with rituals that such as smudging sticks, forest-inspired incense/candles and beautiful music into our homes and environments. It's a time of being thankful each morning for having another day ahead. So, I'd love to inspire you this month, to let go, trust in life, and ask life what is it asking of you, and then allow that in. And probably, my most important message, is to follow your heart and intuition where it guides you, because on that path is where your treasure lies. You can create a Magical Dream Life again! Watching the Oscars recently, I was reminded of that message by many of the winners who announced "Dreams Do Come True". It is not too late for your dream life - no matter what age. It all starts with your attitude. In my final message, as my wonderful Priest says, 'Life - Be In It!' Here's to your Magical World opening up before your eyes! Love Karen XXX

**BE THANKFUL REJOICE IN THE THINGS AS THEY ARE NOW.
THE WHOLE WORLD WILL BE GIVEN TO YOU.**

"We can only be said to be alive in those moments when our hearts are conscious of our treasures."

- Thornton Wilder (1897-1975) - Writer & Playwright -

Yours sincerely,

karen vella

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MOTHER TERESA QUOTE
Love Karen at YTO Life Coaching



Reach High For Stars Lie Hidden In Your Soul.
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*Please pass on to all your friends, colleagues, family and loved ones! Love
Karen - YTO Life Coaching.*

Offer Expires: 30 April 2023

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