

You're The One Newsletter

A MAGICAL EPIPHANY! Issue 6 Vol 15 June 2023

In This Issue What's New With Karen Mojo Tip

Karen Recommends



COMING SOON TO THIS SPACE!

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2023 - Best Year Workshops
2023 - Webinars
2023 - New Products
2023 - 1 on 1 Life Coaching
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What's New With Karen

Welcome to June! Winter is here; it's Day 1 and I'm already dreaming of some beautiful sunrises again! So, I'm warmed by an imminent 4 day mini break to Cairns (mid June) to celebrate my dear friend, Keith's milestone birthday!! Joy-filled anticipation is filling my spirit for the trip ahead - as being free, alive and happy is the kind of life that inspires my free-spirited soul. However, I must say, my heart has been tinged with sadness during May, and particularly these past 3 weeks (an opposite kind of month) when facing many personal challenges: *stress; disappointment; exhaustion; illness (culminating in being alone in my apartment for 5 days recovering); and the loss of three beloved loved ones all within a 4 day period just last week*). However, on a lighter note, I am so grateful for the 'Epiphany' I discovered during this time, which has allowed me to 'Re-set My Compass' for the next stage of life, and I would like to inspire you with my insights below. Here are my discoveries: 1) *Health is our greatest asset!* 2) *Money doesn't buy happiness; live simply with less;* 3) *Give yourself permission to live a life that uplifts your soul, and makes you feel alive;* 4) *Step away from the pack & follow your own personal truth and value system;* 4) *Let go of the past - your new life can now be magical;* 5) *Follow your heart - that is where your treasure lies;* 6) *Use the power of gratitude and love to imagine the highest possibilities for your future;* and 7) *Use knowledge, Love and Empathy as a guide for living.* This 'Epiphany' was a very deep and painful one for me; however the great news is I have now drawn the line in the sand for Part Two of my New Life Journey Ahead (*a life which resonates with my Vision Board I set for 2023 'Happy, Alive and Free in 2023'*) and I intend to live the happiest life, so I can be there to use my gifts to care for others and encourage them on the journey. Dream it! Feel it! Believe it! Life is short - You Owe it to yourself! Happy 'Magical Epiphany' Ahead to You too! Love Karen XXX (*This newsletter is dedicated to the memories of 3 very special people in my life; Anna Budner (RIP 22.05.23), a loving, peaceful, beautiful 2nd mother figure for me all throughout my life and my Uncle Les, (RIP 25.05.2023) and Uncle Barry (RIP 26.05.2023) - both loving Uncles, devoted fathers, and loyal husbands throughout their lives. May their beautiful legacies live on in the lives we reflect as we treasure their memories and may all loved ones be comforted in our early days of grief knowing they are free of suffering and in god's care.) Finally, this newsletter is also devoted to the Anniversary of my Beautiful Mother, Dawn's passing into God's care on 31.05.2020 always in my heart Mum.*

**INSIGHT. WISDOM. A REVELATION. RISE UP. YOUR LIGHT
HAS COME. YOUR DIVINE TRUTH.**

"Without the quest, there can be no epiphany."
- Constantine E. Scaros -

Yours sincerely,

karen vella

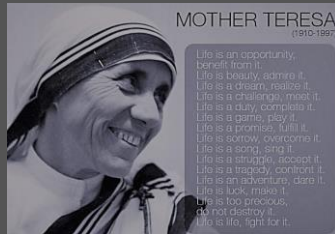
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MOTHER TERESA QUOTE
Love Karen at YTO Life Coaching



Life is an Opportunity.
karen@youretheone.com.au

Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 30th June 2023

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