

You're The One Newsletter

OUR P.E.T.S! Issue 7 Vol 15 July 2023

In This Issue What's New With Karen Mojo Tip

Karen Recommends



COMING SOON TO THIS SPACE!

2023 - Mojo Classes
2023 - Best Year Workshops
2023 - Webinars
2023 - New Products
2023 - 1 on 1 Life Coaching
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What's New With Karen

Welcome to July! Wishing everyone a Happy & Abundant New Financial Year! Last month I mentioned I was travelling to Cairns for a 4 day Mini-break, which was absolutely beautiful, albeit going way too quickly. How wonderful it was to walk with warmth and sunshine, with a t-shirt and explore galleries, sit in outdoor cafes, attend a wonderful church service, and celebrate a special occasion with my long-time friend and be introduced to new new and interesting people. On the flight home, I came upon a situation which required me to explore the whole P.E.T phenomenon (*co-incidentally I was up to that exact chapter in my book I was reading on the flight*) and that forms my theme this month. P.E.T stands for *Personal Emotional Trainers*. These are everyday people we meet that present us with an opportunity to choose love (*especially with those we encounter who are more difficult to love*). On my returning flight to Melbourne, I had pre-booked the window seat, and sitting in my seat was the perfect P.E.T! He moved over to his middle seat and then loudly started to tell me his "4 kids and mortgage and cannot pay for a window seat" and basically whole life story on the flight. He was loud, swore, had OCD/ADHD, and was an over-the-top character. I realised this was my perfect P.E.T moment and I decided that I was going to show the kindness, respect and show love no matter what. Well, what a wonderful flight it turned out to be, and an opportunity to listen, calm, and encourage another human being. At the end of the flight, my PET turned into the perfect gentleman, thanking me for listening to him, and wishing me well, and then proceeded to carry my heavy cabin baggage off the flight. What a beautiful breakthrough I thought. So, my invitation this month for us all, is to be aware of when you may encounter one of these P.E.T.s & realise this is your magnificent opportunity to be trained to extend love. The experience will lead to you both feeling on a higher vibrational frequency of positivity, and will spread out onto the world. Keep on the feeling frequency of love. Here's to loving more! Love Karen XXX

**THE UNLOVELY. MUST BECOME LOVED. BEFORE THEY
BECOME LOVABLE.**

"The Love We Give Away Is The Only Love We Keep."
- Elbert Hubbard -

Yours sincerely,

karen vella
yto owner & founder, performance consultant & life coach (cert iv)
yto nlp practitioner (nlp, Time@Line Therapy, Hypnosis, Coaching
M:0419570011 |
E: karen@youretheone.com.au | W:wouretheone.com.au

MOTHER TERESA QUOTE

Love Karen at YTO Life Coaching



The Hunger for Love.
karen@youretheone.com.au

Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 31st July 2023

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