

You're The One Newsletter

THE EXCITEMENT OF NEW FRONTIERS!

Issue 6 Vol 16 June 2024

In This Issue

[What's New With
Karen Mojo Tip](#)

Karen Recommends



COMING SOON TO THIS SPACE!

2024- Mojo Classes
2024 - Best Year Workshops
2024 - Webinars
2024 - New Products
2024 - 1 on 1 Life Coaching
And more....

Quick Links...

[Our Website](#)
[Products](#)
[Services](#)
[More About Us](#)

What's New With Karen

Welcome to June 2024! This month, I'm inviting us all to bring some zing to our life as a counter measure to the feeling of what may be our routine - 'ground hog day' existence! Let's get some boost to our joy levels as we anticipate celebrating and experiencing New Frontiers. To me, this is about, pushing our boundaries and doing something or experiencing something we have never encountered before. So, with that said, I'm heading off to my first New Frontier - Darwin - on the long weekend of 6-10 June (in a few days). I'm travelling on my own - super excited to arrive somewhere hot, and where I can explore our wonderful country, and especially get to encounter our indigenous brothers and sisters, and be filled with awe. My 83 year old young, fit, and healthy Father is due back on 2nd June from his first trip to Vietnam, on a 21day tour, and he inspires us also that no matter what age we are, it is never too late to explore these new experiences. My brother is also heading off to Boracay in a few months, to an idyllic, Philippines island location, and he has also just arrived back from a 2-week golfing trip in Thailand, and he regularly is away on holidays, both overseas and interstate. I believe whilst we have our health (which is our wealth) then that is the perfect time to do these things! Life can change at the flick of a switch, and if we can enjoy our lives, then we can also inspire others to follow suit. It's about listening to your own inner voice, and not following in society's norms (which often feed into the fear and subsequently the herd-based view what is our 'supposed to be' existence). It is also about deciding where we spend our hard-earned income during a cost of living crisis. For me, travel, is calling and so I listen to that inner voice - I'd rather save for a trip and sacrifice on other less important non-essentials. So, my invitation to you this June, is to get some zing in your step, start with even something small, and follow that still small inner voice calling you. There is a saying, where your heart is there will be your treasure. There is Only One You! Do You! Be You! Live Your Life That Gives you Joy! The Life you Design for Yourself not by Default! Love Karen XXX

**EMPOWERMENT. BREAK THROUGH STRONGHOLDS.
PURIFY OUR INNER DESIRES. ADVANCE TO NEW
FRONTIERS.**

"The principal mark of genius is not perfection - but originality - the opening of new frontiers."

- Arthur Koestler -

Yours sincerely,

karen vella

yto owner & founder, performance consultant & life coach (cert iv)

yto nlp practitioner (nlp, Time@Line Therapy, Hypnosis, Coaching

M:0419570011

E: karen@youretheone.com.au | W:wouretheone.com.au

MOTHER TERESA QUOTE
Love Karen at YTO Life Coaching



We Must Never Get Into The Habit of Being Preoccupied With The Future.
karen@youretheone.com.au

Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 30th June 2024

Copyright © You're The One

Disclaimer: The ideas, thoughts, concepts and models (Information) that have been detailed above are those of the person sending you this communication and do not take into consideration your business finances, risk profile, legal and specific needs for your business. You should always seek sound financial and legal advice if you are unsure whether to act upon the Information provided. You agree to assume the entire risk as to your use of this Information. You agree to hold You're The One, its directors, shareholders, employees, agents, representatives and affiliates harmless in any claim or event.

IMPORTANT NOTE: You have received this email because you have subscribed to a past newsletter, readers resources or other communication. If you no longer wish to receive this message, please unsubscribe or change your preferences. (see the links at the bottom of the page). Please don't use the junk mail filter on your mail service as it prevents other subscribers on your USP from receiving their mages - thank you!

You're The One | PO Box 1100 Moonee Ponds | Essendon, State/Province 3039 AU

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!