You're The One Newsletter THANK GOODNESS FOR OUR DADS! Issue 9 Vol 16 September 2024

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Karen Recommends



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What's New With Karen

Welcome to September 2024. Woo hoo! Spring has Sprung - with the promise of lighter days, warmer weather and a sense of renewal. 1st September this year also coincides with Father's Day - a day where we get to spend time with our Fathers and show our love and appreciation of them. I know how blessed I am to still have my Father at 83 years of age, healthy, thriving, playing golf, exercising daily, being productive, renovating and living in his own home, and with a fabulous sense of humour!! I don't know where I'd be in life without my Dad as he has always been a source of emotional support, knowing he would be there for his children (any time night or day). So, this month in honor of our Fathers, I thought I'd share with you some of the wisdom I've gained from my Dad: 1. Always Tell the Truth, 2. Be Disciplined; 3. The Harder You Work the Luckier You Become; 4. Be Compassionate & Caring to Others; 5. Free Yourself of Stress; 6. Enjoy each Day; 7. Health is Everything. 8. Become Mortgage Free. Dad, this Newsletter is in honor of you, and I hope you know how much you mean to myself and my siblings. We love, adore, and cherish you. Thank you for all the sacrifices you have made for us. As your daughter I hope I do you proud and show love, care, kindness and compassion to others (values you instilled in us from childhood to now). Sending Love to All the Amazing Fathers, Male Role Models, and Father Figures in Our Lives. Love Karen XXX Note: My heart also goes out to those who have lost their Fathers however, hopefully, hearts will be lighter reflecting upon the wonderful memories, moments, and love that you shared with your Father. Thinking of you.

LISTEN TO YOUR FATHER. GAIN TRUTH, WISDOM, DISCIPLINE, GOOD JUDGEMENT. THE FATHER OF GODLY CHILDREN HAS CAUSE FOR JOY.

"It is a wise Father that knows his own child." - William Shakespeare -

Yours sincerely,

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<u>MOTHER TERESA QUOTE</u> Love Karen at YTO Life Coaching



Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 30th September 2024

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